

TELETHERAPY FOR SPEECH AND LANGUAGE

TELETHERAPY

As a result of the COVID-19 pandemic, and in an effort to limit the risk of transmission, your school may have implemented protocols excluding outside therapists from admission. Under new guidelines from Federal/State/Local Government, CDSA, Medicaid, and private insurance companies, Raleigh Primary Pediatric Speech Therapy is able to offer teletherapy services from the safety of your home. Services may be provided via computer, iPad, or phone through the ZOOM platform. For security purposes, “waiting rooms” have been created requiring personal identification and passwords to keep platforms safe and confidential for our patients.



RALEIGH PRIMARY
PEDIATRIC SPEECH THERAPY

ABOUT YOUR THERAPIST

Holly Ellis holds a national and state board certification for Speech and Language Pathology. She has received a Bachelor of Science from Appalachian State University and a Master of Science in Communication Sciences and Disorders from Western Carolina University. Holly has over 6 years of experience working with children from birth-21 years of age. She has worked in a variety of settings including private practice, private/public schools, teletherapy, and home health. Mrs. Ellis has undertaken continuing education in teletherapy methods and techniques in order to secure specialized training toward her board certification. She has received training in the use of virtual materials, telehealth platforms, keeping young children engaged, teletherapy with different levels of communication needs, and best evidenced based practices. She has also gathered information and created new ideas to keep therapy fun and interactive. She has engaged in teletherapy practice since March, providing successful intervention services to children ages 1-6 years. Therapy typically consists of clinician led tasks with a mixture of parent coaching for younger populations.

TECHNOLOGY REQUIREMENTS

- Computer (laptop). If your child is under 3 years of age, a laptop is preferable to ensure mobility in the event we need to change the environmental setting. A laptop is mobile and allows greater flexibility in interacting with virtual materials.
- iPad
- Cellular device

Any chosen devices will require:

- internet connection, hot spot, or data use
- all devices need camera and audio capability

Please advise if you do not have access to ONE of the above technology requirements.

PARENT REQUIREMENTS

- If your child is old enough to engage independently in virtual therapy (be attentive during a 30 min session, understands how to operate a mouse or touch screen) your presence should not be needed to assist with tasks.
- If your child is not old enough to engage in independent therapy, your presence will be needed to assist in the learning process. What does this mean exactly?:
 - You may need to provide hands on assistance to your child to touch a screen or click a mouse.
 - You may need to engage in play with your child so I can provide parent coaching for implementing therapeutic interventions.
 - You may need to redirect your child to sit with you at the computer as we work with interactive materials.

GETTING STARTED VIA TELETHERAPY

- Review of issues, concerns, and screening results to determine if an evaluation is warranted.
- Review of insurance to determine eligibility for teletherapy services.
- Completion of referral packet, intake paperwork, and physicians orders.
- If services are deemed medically necessary from evaluation results, I will provide a plan of care with recommendations for treatment.
- Appointment time is scheduled
- On the day of the appointment your personal Zoom information will be sent to your email as a reminder. 15 minutes between sessions have been allotted to make up for any technical difficulties, transition time, and discussion of therapy.